

# NORWAY

*mini*

# ADVENTURE



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# NORWAY *mini* ADVENTURE

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Illustrations of Naomi by Victoria Collett

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## HEY THERE TRAVELER!

Get ready to explore the stunning land of Norway!

It's the land of the Northern Lights, the Vikings and the Midnight Sun,  
white mountains, breathtaking Fjords, emerald-green forests.

Kvikklunsj Chocolate, heart-shaped waffles and delicious sea food!

This is where reindeer herders live their ancient lifestyle, and wolves and bears still roam.

Did you know Norway's unofficial national food is frozen pizza?

There are recipes to cook, fun crafts to do and puzzles to solve.

Norway is an exciting place, and we hope you enjoy your stay.

Grab your passport and let's hit the road!

This Mini-Adventure includes the story:  
'Jeopardy at the Winter Lights Festival'





## WELCOME TO NORWAY!

Hi! I'm Naomi, and I live in Norway, at the top of Europe! Norway is part of an area called Scandinavia, which also includes Sweden, Denmark, Finland, and Iceland. This area is famous for its snow and ice!

Did you know the Vikings came from ancient Norway? They're known for being fierce warriors who explored and raided most of Europe in search of treasures! My family is descended from Vikings, and I like learning about them in school.

My favourite Norwegian treat is called Skolebrød, which means school bread! Lots of kids here have them as a snack after school, and you can buy them at almost any shop. I like the ones my mom makes best though. Skolebrød is like a sweet bun filled with custard. It's so delicious!

In Norway, there's often so much snow and ice on the ground that travelling can be difficult! Sometimes we use skis to glide over the snow, or snowshoes to keep our feet from sinking in. My favourite way to travel, though, is by dogsled! I have a super-smart team of husky dogs who pull my sled, and we can travel easily together over the ice and snow.

Norwegians are used to the cold! I grew up here, so I don't feel it as much as the people who visit from warmer places. Some people here even like to swim in the ice water! There's a yearly competition for freezing your hair into strange shapes while swimming in the frozen fjord. I'm so excited to show you my country!

## FLYING TO NORWAY!

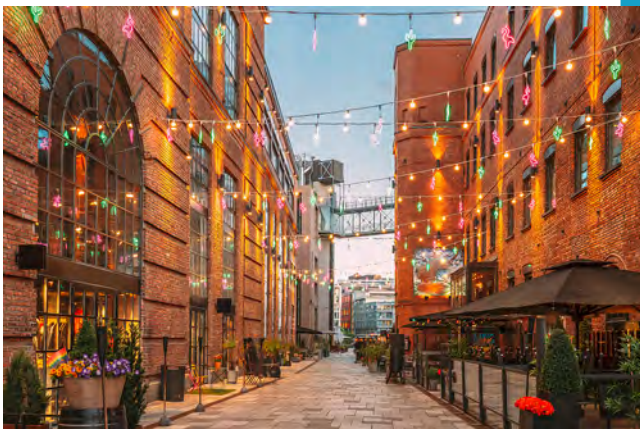
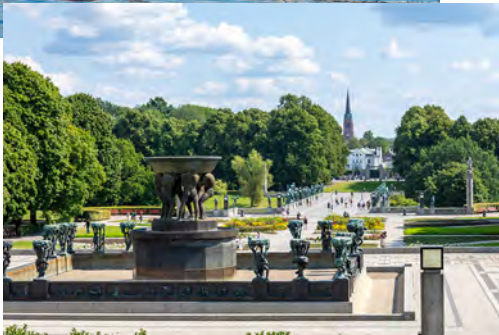
Hi there, travellers! This is your CASE OF ADVENTURE pilot, Captain Marco, speaking. We will soon be landing in the beautiful country of Norway, where the Northern Lights shimmer in the sky and the sun shines at midnight! You'll meet my young friend Naomi, and she'll show you around this frozen but beautiful country. You'll get to try fiskesuppe, learn about dog sledding, visit a hotel made of ice, and solve some fun puzzles! You'll also be assigned International Discovery Agent missions to complete, and clue cards to decode. We hope you have a great time in this fascinating country!



## NORWEGIAN CURRENCY

Norway uses money called kroner. The word kroner means crowns in Norwegian, and some of the coins even have a crown picture on them!

The smallest coins—1, 2, and 5 kroner—have a hole in the middle. This makes them easy to tell apart from bigger coins, even if you can't see them and only touch them. The hole is helpful in another way too: it means the coins use less metal, so they are cheaper to make.



## NORWAY'S CAPITAL CITY

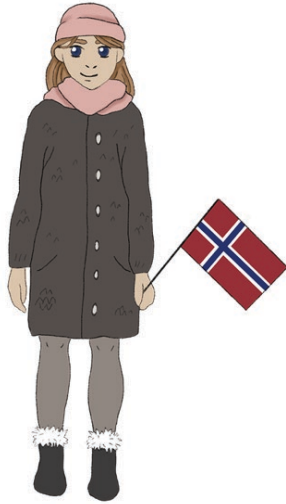
The capital city of Norway is called Oslo. It's near the south of Norway, close to the border with Sweden. The city of Oslo was founded by the last Viking king, Harald Hardrada, around the year 1049. That means it's around a thousand years old!

Oslo is one of the greenest capital cities in the world. Forests and lakes are so close that you can go hiking or swimming without even leaving the city!

After a huge fire in 1624, Oslo was rebuilt by King Christian IV, who renamed the city Kristiania after himself. The city kept that name for over 300 years, and kids growing up there never called it Oslo at all! In 1925, Norway decided to bring back the old name — so Kristiania became Oslo again.

## JEOPARDY AT THE WINTER LIGHTS FESTIVAL

In a small village near Alta in Norway, the Winter Lights Festival was well underway, wrapping the village in warmth.



Naomi stood looking up at the sky which was crowded with stars. Around her, lanterns bobbed everywhere - hung from doorways, tied to sled rails, drifting on poles along the frozen fjord - each one glowing softly against the white blanket of snow. Children raced between fires with red cheeks, scarves flying, laughing gaily.

A cozy, family-owned stall stood beneath the glowing winter lights, tucked between snow-dusted pine trees. The wooden booth was painted red, with twinkling fairy lights hanging from the roof. A hand-painted sign swung gently in the cold air:

*Varme Godsaker for Kalde Kvelder*

*(Warm Treats for Cold Nights)*

Inside, the family laughed together as they served visitors, bundled up in knitted sweaters and wool hats. One parent poured steaming cups of hot chocolate topped with whipped cream and cinnamon, while another helped children choose gingerbread cookies shaped like reindeer, hearts, and tiny trolls. A big jar of candy canes and caramel sweets sparkled in the light, and there was always a smile, and sometimes a sticker, for the youngest customers.

Soft Christmas music drifted through the air, mixing with the crunch of snow under boots. The air smelled like cocoa, pine, and freshly baked treats.

Spread out among the stalls, the villagers and visitors drank from steaming cups of hot berry juice, sharp and sweet tasting.

Naomi stood under a glowing lantern, her mittens keeping her hands warm, sipping her berry juice. She smiled as the heat spread through her chest.

Husky dogs lounged near the edges of the crowd, tails thumping, bells on their collars chiming whenever they shifted.

At the center of it all, the musicians played. Music spilled through the square - fiddlers bent close, eyes shut; drums thumping steady as heartbeats, boots crunching in time.



# BERGEN

## BRYGGEN

Bryggen is a **colorful row of old wooden buildings** along a dock in Bergen. They were built hundreds of years ago and used by merchants who sold things like fish and spices. **The houses are bright, narrow, and a little crooked**, making them look like they're from a storybook. Today, you can **explore tiny alleys, shops, and museums**, and imagine what life was like long ago. Bryggen is so special that it's protected as a World Heritage Site.



## FLOYEN

Fløyen is a mountain in Bergen, Norway, and it's a fun place to visit. You can **ride a funicular train to the top**, where there are amazing views of the city, the water, and the mountains. At the top, there are **walking paths, places to play, and lots of nature to explore**. It's a great spot to feel like you're on an adventure outdoors.

# MUSIC IN NORWAY

The Vikings had a very rhythmic, chanting style of music that didn't usually have the nice tunes we're used to today. Their songs were often stories told in a chant.

Because we have hardly any written music from that time in Scandinavia, we can't be completely sure, but historians have studied surviving traditions and found old ruins, so they can make a good guess at some of the musical instruments the Vikings used.



The tagelharpa was a bowed lyre (the strings were played with a bow like a violin, not plucked like a normal lyre) with a droning, gritty sound.

The lyre was a small harp-like instrument that provided simple melodic accompaniment.

Animal-skin drums were probably also used.



A Lur was a long bronze horn with a deep, booming tone. It was probably used for signals, ceremonies, or rituals.

Now, Norwegian music often uses instruments like the Hardanger fiddle, the langeleik, and the Seljefløyte.



Seljefløyte



Langeleik



Hardanger fiddle

If you want to hear an example of what Viking music may have sounded like, go to this link or ask your parent or teacher to search for My Mother Told Me (In Old Norse) by Colm McGuinness.

<https://www.youtube.com/watch?v=v2ZEEfl8F5g>

# NORWAY CLUE CARD 01

FOR INTERNATIONAL DISCOVERY AGENTS EYES ONLY



(use Secret Code 01 to solve)

14 15 18 23 05 07 09 01 04 23 01 06 06 12 05 19

01 18 05 08 05 01 18 20 - 19 08 01 16 05 04 01

14 04 15 06 20 05 14 05 01 20 05 14 23 09

20 08 10 01 13 05 18 02 18 15 23 14 03 08

05 05 19 05.

# NORWAY CLUE CARD 02

FOR INTERNATIONAL DISCOVERY AGENTS EYES ONLY



(use Cipher Wheel to solve)

A=W

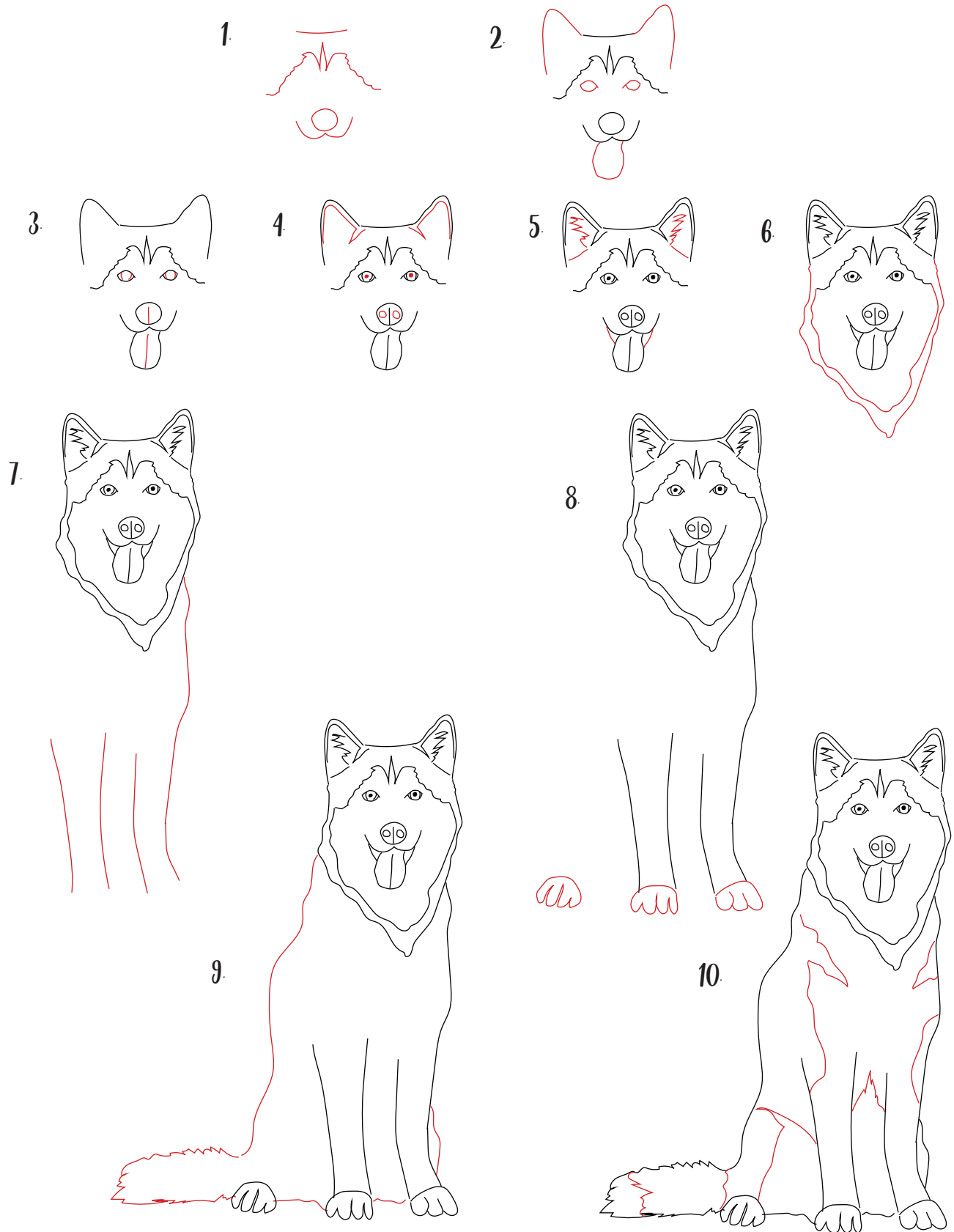
GLEVPMI ERH XLI GLSGSPEXI

JEGXSVC AEW FEWIH SR E

VIEP JEGXSVC MR SWPS

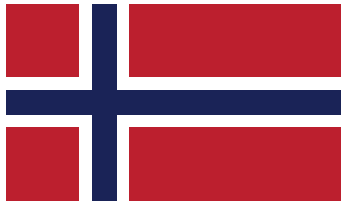
GEPIH JVIME GLSGSPEXI.

# LEARN TO DRAW A HUSKY DOG



# ITEMS TO CUT OUT AND PASTE

Paste this flag on your Project page.

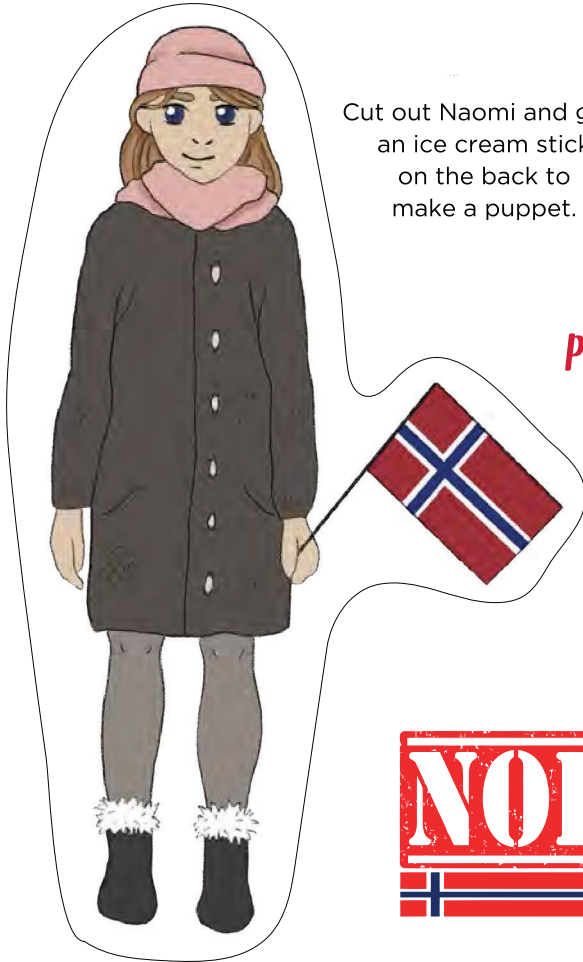


## MAP MARKERS

Cut with a 1" circle punch and paste on your NORWAY map.  
PASTE EACH MAP MARKER ON THE CORRECT CITY.

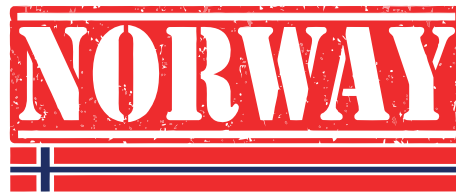


Cut out Naomi and glue an ice cream stick on the back to make a puppet.



## PASSPORT STAMPS AND STICKERS

Cut and paste on your project page or in your passport.



Paste over Norway on your world map.



Cut out your plane ticket, and fill in the blanks. Paste it on your project page!

<b>CASE OF ADVENTURE AIRLINES</b>				<b>BOARDING PASS</b> PASSENGER NAME:  SEAT NUMBER: <b>22B</b>
<b>WORLD TRAVELLER TICKET</b>	FLIGHT NO:	DEPARTURE TIME:	PASSENGER NAME:	
	<b>NW177</b>			
DEPARTING FROM:		FLYING TO: <b>OSLO, NORWAY</b>		
Thank you for flying with us!		GATE: <b>NW16</b>	SEAT NUMBER: <b>22B</b>	

# VIKINGS MINIBOOK



The Vikings were people who **lived a long time ago in places like Norway**, Sweden, and Denmark. They were amazing sailors who traveled in long wooden boats across seas and rivers to explore new lands, trade goods, and sometimes fight.

Vikings wore **warm clothes to survive cold weather** and liked to tell exciting stories about heroes and monsters. While they are often shown as fierce warriors, **many Vikings were also farmers, builders, and craftspeople** who lived with their families in small villages.



The Vikings were masters of sailing, and built huge ships called longboats. **These longboats were used to sail to other shores to raid and conquer** the towns along the coast.

## FUN FACTS ABOUT VIKINGS:

Despite the popular depiction of them, **Vikings didn't actually wear helmets with horns on them!** This would have been too heavy and impractical for battle.

A Viking explorer named **Leif Erikson actually discovered America around 500 years before Christopher Columbus** ever went there.

Many English words come from the Norse language, and were **brought by Vikings who settled in Britain.** If a word starts with 'sk', it's likely of Norse origin. Also, if you can think of two words with the same meaning, often **the short, blunt one is Norse, while the long fancy one is French** (like 'get' and 'obtain', or 'wrong' and 'incorrect').

Cut out the circles, and stack them with the cover on top. Staple them together on the left side, and paste the whole thing onto your Norway Project Page.

# NORWAY MINI ADVENTURE INSTRUCTIONS

## BEFORE YOU BEGIN:

1. Check the downloadable International Discovery Agent Briefing Pack which you received with your order. (You can download it from your order email.)
2. Read through the IDA Instructions and study the Secret Codes. You will need them to solve your Clue Cards.
3. \*Optional: Assemble your passport from the Passport Pack.

NOTE: If any of the activities seem too much for one day - feel free to spread them over 2 or 3. Do whatever suits you and your family best. We hope you have tons of fun exploring NORWAY!

**R in a page number refers to the DIGITAL READING PDF, and P in a page number refers to the PRINTING PDF.**

## ACTIVITIES FOR DAY 1

1. Cut out your airplane ticket from page P16, fill in the blanks and paste it on your Project Page on page P2.
2. Read *Welcome to Norway* on page R3.
3. Read about the Norway flag on page P3 and color in the second flag.
4. Study the map of Europe on page P4.
5. Look at the World Map on page P5. Cut out the NORWAY map marker from page P16 and paste it over Norway on your World Map.
6. Study the map of Norway on page P6.
7. Cut out the map marker for OSLO from page P16 & paste it over OSLO on your Norway map on page P6.
8. Label the places on the blank Norway map on page P7.
9. Complete the reindeer dot-to-dot on page P8.

## ACTIVITIES FOR DAY 2

1. Read about *Norwegian Currency* and *Norway's Capital City* on page R6.
2. Read the story *Jeopardy at the Winter Lights Festival* on pages R7 to R10.
3. Complete the IDA Mission at the end of the story.
4. Cut out the map marker for HAMMERFEST from page P16. Paste it over HAMMERFEST on your Norway map on page P6.
5. Read about landmarks in Oslo on page R11.
6. Solve Norway Clue Card 01 on page P9 using Secret Code 01 from the IDA pack.
7. Assemble the Transport in Norway minibook on page P19 and paste it on your Project Page on page P2.

## ACTIVITIES FOR DAY 3

1. Read about landmarks in Bergen on page R12.
2. Learn to draw a Husky on page P10.
3. Read about *Government of Norway* and *Weather in Norway* on page R13.
4. Find the hidden words and unscramble the message on page P11.
5. Cut out the map marker for BERGEN from page P16 and paste it over BERGEN on your Norway map on page P6.
6. Assemble the Vikings Minibook on page P17 and P18, and paste it on your Project Page on page P2.
7. Cut out the Norway Flag and Norway Stickers from page P16, and paste them on your Project Page on page P2.
8. Read about the *Animals of Norway* on page R14 and R15.